



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Rößler, Johannes

Total time: 3:11:45

Club: RMC Schloss Neuhaus

Number: 300

Course: 55.40 km

Rank in course/Total: 73 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 62 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 1(of 1)

Senioren 5 (60-64 Jahre)

Best time in the category: 3:11:45

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	35:21	25:15	1	-	63	14:34	1.40	35:21	25:15	1	-	26	8:17	
Wechsel S -> R	-	4:09	-	1	-	63	2:49	1.40	39:30	28:12	1	-	26	10:08	
Schwimmen Total	1.40	39:30	28:12	1	-	26	10:08	1.40	39:30	28:12	1	-	26	10:08	
Rad netto	44.00	1:37:15	2:12	1	-	58	25:14	45.40	2:16:45	3:00	1	-	27	17:11	
Wechsel R -> L	-	2:49	-	1	-	67	1:58	45.40	2:19:34	3:04	1	-	26	5:41	
Rad Total	44.00	1:40:04	2:16	1	-	59	26:33	45.40	2:19:34	3:04	1	-	26	5:41	
Lauf	10.00	52:11	5:13	1	-	54	14:58	55.40	3:11:45	3:27	1	-	62	56:00	