



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Wolke, Annegret

Total time: 3:40:00

Club: LTV Lippstadt Triathlon

Number: 336

Course: 55.40 km

Rank in course/Total: 82 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 14 (of 17)

Best time in course: 2:47:28

Category:

Rank in category: 5(of 5)

Seniorinnen 2 (45-49 Jahre)

Best time in the category: 2:47:28

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 1.40 | 36:27 | 26:02 | 4 | 10:35 | 14 | 12:24 | 1.40 | 36:27 | 26:02 | 5 | 10:35 | 14 | 10:35 |
| Wechsel S -> R | - | 5:01 | - | 5 | 2:47 | 15 | 2:55 | 1.40 | 41:28 | 29:37 | 5 | 13:05 | 14 | 13:05 |
| Schwimmen Total | 1.40 | 41:28 | 29:37 | 5 | 13:05 | 14 | 13:05 | 1.40 | 41:28 | 29:37 | 5 | 13:05 | 14 | 13:05 |
| Rad netto | 44.00 | 1:51:42 | 2:32 | 5 | 22:43 | 14 | 23:26 | 45.40 | 2:33:10 | 3:22 | 4 | 35:48 | 11 | 35:48 |
| Wechsel R -> L | - | 2:33 | - | 5 | 1:03 | 15 | 1:08 | 45.40 | 2:35:43 | 3:25 | 4 | 29:22 | 11 | 34:01 |
| Rad Total | 44.00 | 1:54:15 | 2:35 | 5 | 23:46 | 14 | 23:46 | 45.40 | 2:35:43 | 3:25 | 4 | 29:22 | 11 | 34:01 |
| Lauf | 10.00 | 1:04:17 | 6:25 | 5 | 16:23 | 14 | 16:23 | 55.40 | 3:40:00 | 3:58 | 5 | 52:32 | 14 | 52:32 |