



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

### Dicke Sauerländer

Club: Dicke Sauerländer

Number: 66

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:09:29

Rank in course/Total: 2 (of 24)

Rank in course/Total: 2 (of 24)

Best time in course: 1:03:17

Rank in category: 2(of 24)

Best time in the category: 1:03:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	13:32	19:20	7	3:53	7	3:53	0.70	13:32	19:20	24			24
Wechsel S -> R	-	1:20	-	6	0:11	6	0:11	0.70	14:52	21:14	24			24
Schwimmen Total	0.70	14:52	21:14	24		24		0.70	14:52	21:14	24			24
Rad netto	20.00	34:59	1:44	3	1:47	3	1:47	20.70	49:51	2:24	24			24
Wechsel R -> L	-	0:41	-	2	0:02	2	0:02	20.70	50:32	2:26	24			24
Rad Total	20.00	35:40	1:46	3	1:45	3	1:45	20.70	50:32	2:26	24			24
Lauf	5.00	18:57	3:47	3	1:24	3	1:24	25.70	1:09:29	2:42	2	6:12	2	6:12