



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

### Trioten 1

Club: Trioten 1

Number: 53

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:13:34

Rank in course/Total: 6 (of 24)

Rank in course/Total: 6 (of 24)

Best time in course: 1:03:17

Rank in category: 6(of 24)

Best time in the category: 1:03:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	11:25	16:18	3	1:46	3	1:46	0.70	11:25	16:18	20		20	
Wechsel S -> R	-	1:24	-	8	0:15	8	0:15	0.70	12:49	18:18	20		20	
Schwimmen Total	0.70	12:49	18:18	20		20		0.70	12:49	18:18	20		20	
Rad netto	20.00	38:38	1:55	6	5:26	6	5:26	20.70	51:27	2:29	20		20	
Wechsel R -> L	-	0:45	-	7	0:06	7	0:06	20.70	52:12	2:31	20		20	
Rad Total	20.00	39:23	1:58	6	5:28	6	5:28	20.70	52:12	2:31	20		20	
Lauf	5.00	21:22	4:16	8	3:49	8	3:49	25.70	1:13:34	2:51	6	10:17	6	10:17