



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

## Detailed evaluation

### Go for Gold

Club: Go for Gold

Number: 52

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 25:16:23

Rank in course/Total: 24 (of 24)

Rank in course/Total: 24 (of 24)

Best time in course: 1:03:17

Rank in category: 24(of 24)

Best time in the category: 1:03:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	19:13	27:27	20	9:34	20	9:34	0.70	19:13	27:27	19	1:39	19	1:39
Wechsel S -> R	-	6:01:00	-	24	5:59:51	24	5:59:51	0.70	6:20:13	543:09	19	6:00:49	19	6:00:49
Schwimmen Total	0.70	6:20:13	543:09	19	6:00:49	19	6:00:49	0.70	6:20:13	543:09	19	6:00:49	19	6:00:49
Rad netto	20.00	18:37:14	55:51	24	18:04:02	24	18:04:02	20.70	24:57:27	72:20	25	23:58:40	25	23:58:40
Wechsel R -> L	-	0:39	-	1	-	1	-	20.70	24:58:06	72:22	25	23:58:26	25	23:58:26
Rad Total	20.00	18:37:53	55:53	24	18:03:58	24	18:03:58	20.70	24:58:06	72:22	25	23:58:26	25	23:58:26
Lauf	5.00	18:17	3:39	2	0:44	2	0:44	25.70	25:16:23	59:00	24	24:13:06	24	24:13:06