



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

HochsauerlandEnergie

Club: HochsauerlandEnergie

Number: 57

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:19:50

Rank in course/Total: 7 (of 24)

Rank in course/Total: 7 (of 24)

Best time in course: 1:03:17

Rank in category: 7(of 24)

Best time in the category: 1:03:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	14:45	21:04	12	5:06	12	5:06	0.70	14:45	21:04	18		18	
Wechsel S -> R	-	1:33	-	14	0:24	14	0:24	0.70	16:18	23:17	18		18	
Schwimmen Total	0.70	16:18	23:17	18		18		0.70	16:18	23:17	18		18	
Rad netto	20.00	38:01	1:54	5	4:49	5	4:49	20.70	54:19	2:37	18		18	
Wechsel R -> L	-	0:49	-	11	0:10	11	0:10	20.70	55:08	2:39	18		18	
Rad Total	20.00	38:50	1:56	5	4:55	5	4:55	20.70	55:08	2:39	18		18	
Lauf	5.00	24:42	4:56	18	7:09	18	7:09	25.70	1:19:50	3:06	7	16:33	7	16:33