



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Die gestiefelten Muskelkater

Total time: 1:19:50

Club: Die gestiefelten Muskelkater

Number: 65

Course: 25.70 km

Rank in course/Total: 8 (of 24)

Volksdistanz Staffel (0,70-20,00-5,00)

Rank in course/Total: 7 (of 24)

Best time in course: 1:03:17

Category:

Rank in category: 7(of 24)

Staffel

Best time in the category: 1:03:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	14:23	20:32	11	4:44	11	4:44	0.70	14:23	20:32	17			17
Wechsel S -> R	-	1:48	-	18	0:39	18	0:39	0.70	16:11	23:07	17			17
Schwimmen Total	0.70	16:11	23:07	17		17		0.70	16:11	23:07	17			17
Rad netto	20.00	40:12	2:00	12	7:00	12	7:00	20.70	56:23	2:43	17			17
Wechsel R -> L	-	0:49	-	11	0:10	11	0:10	20.70	57:12	2:45	17			17
Rad Total	20.00	41:01	2:03	11	7:06	11	7:06	20.70	57:12	2:45	17			17
Lauf	5.00	22:38	4:31	12	5:05	12	5:05	25.70	1:19:50	3:06	7	16:33	7	16:33