



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

Henne, Tobias

Total time: 2:15:45

Club: Tri-Team Fuldata1

Number: 361

Course: 55.40 km

Rank in course/Total: 1 (of 86)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 1 (of 69)

Best time in course: 2:15:45

Category:

Rank in category: 1(of 10)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:15:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	20:47	14:50	1	-	1	-	1.40	20:47	14:50	1	-	62	
Wechsel S -> R	-	1:58	-	3	0:15	11	0:38	1.40	22:45	16:15	1	-	62	
Schwimmen Total	1.40	22:45	16:15	1	-	62		1.40	22:45	16:15	1	-	62	
Rad netto	44.00	1:14:38	1:41	1	-	2	2:37	45.40	1:37:23	2:08	1	-	16	
Wechsel R -> L	-	1:09	-	3	0:03	6	0:18	45.40	1:38:32	2:10	1	-	3	
Rad Total	44.00	1:15:47	1:43	1	-	2	2:16	45.40	1:38:32	2:10	1	-	3	
Lauf	10.00	37:13	3:43	1	-	1	-	55.40	2:15:45	2:27	1	-	1	-