



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

Detailed evaluation

ITH Superbolts

Club: ITH Superbolts

Number: 60

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:22:14

Rank in course/Total: 10 (of 24)

Rank in course/Total: 10 (of 24)

Best time in course: 1:03:17

Rank in category: 10(of 24)

Best time in the category: 1:03:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	16:56	24:11	18	7:17	18	7:17	0.70	16:56	24:11	15		15	
Wechsel S -> R	-	2:02	-	21	0:53	21	0:53	0.70	18:58	27:05	15		15	
Schwimmen Total	0.70	18:58	27:05	15		15		0.70	18:58	27:05	15		15	
Rad netto	20.00	40:30	2:01	13	7:18	13	7:18	20.70	59:28	2:52	15	0:41	15	0:41
Wechsel R -> L	-	0:48	-	10	0:09	10	0:09	20.70	1:00:16	2:54	15	0:36	15	0:36
Rad Total	20.00	41:18	2:03	12	7:23	12	7:23	20.70	1:00:16	2:54	15	0:36	15	0:36
Lauf	5.00	21:58	4:23	10	4:25	10	4:25	25.70	1:22:14	3:11	10	18:57	10	18:57