



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Hesse, Uwe

Club: Physio-Hesse
Number: 430

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:12:50

Speed: 13.18 km/h
Running performance: 4:33 min/km

Rank in course/Total: 7 (of 73)

Rank in course/Men: 7 (of 63)

Best time in course: 59:28

Rank in category: 1(of 8)

Best time in the category: 1:12:50