



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Honecker, Ulrich

Club: TV Wahlschied
Number: 327

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:20:29

Speed: 11.93 km/h
Running performance: 5:02 min/km

Rank in course/Total: 23 (of 73)

Rank in course/Men: 22 (of 63)

Best time in course: 59:28

Rank in category: 4(of 10)

Best time in the category: 1:13:55