



12. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Urbach, René

Club: Mühlhausen  
Number: 358

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:21:05

Speed: 11.84 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 25 (of 73)

Rank in course/Men: 24 (of 63)

Best time in course: 59:28

Rank in category: 1(of 5)

Best time in the category: 1:21:05