



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Senft, Roland

Club: Concordia Beuren
Number: 343

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:24:00

Speed: 11.43 km/h
Running performance: 5:15 min/km

Rank in course/Total: 29 (of 73)

Rank in course/Men: 28 (of 63)

Best time in course: 59:28

Rank in category: 5(of 8)

Best time in the category: 1:12:50