



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Bodewald, Frank

Club: Ronnys Reisewelt Mühlhausen
Number: 352

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:27:00

Speed: 11.03 km/h
Running performance: 5:26 min/km

Rank in course/Total: 34 (of 73)

Rank in course/Men: 33 (of 63)

Best time in course: 59:28

Rank in category: 6(of 10)

Best time in the category: 1:13:55