



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Knoth, Thomas

Club: SV Kalteneber
Number: 332

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:27:42

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 36 (of 73)

Rank in course/Men: 35 (of 63)

Best time in course: 59:28

Rank in category: 3(of 6)

Best time in the category: 1:17:03