



12. Kanonenbahnlauf

Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Gille, Wiegbert

Club: VfL Huepstedt

Number: 473

Course: 16.00 km

Kanonenbahnlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:29:00

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 42 (of 73)

Rank in course/Men: 41 (of 63)

Best time in course: 59:28

Rank in category: 6(of 8)

Best time in the category: 1:12:50