



12. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Hoffmann, Harald

Club: Rodeberg OT Struth  
Number: 350

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:29:43

Speed: 10.70 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 45 (of 73)

Rank in course/Men: 43 (of 63)

Best time in course: 59:28

Rank in category: 9(of 10)

Best time in the category: 1:13:55