



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Junghans, Carsten

Club: Z 17

Number: 471

Course: 16.00 km

Kanonenbahnlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:30:11

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 47 (of 73)

Rank in course/Men: 45 (of 63)

Best time in course: 59:28

Rank in category: 6(of 8)

Best time in the category: 1:05:50