



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Nowinski, Carsten

Club: Schmalkalden
Number: 448

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer (20-29 Jahre)

Total time: 1:31:02

Speed: 10.55 km/h
Running performance: 5:41 min/km

Rank in course/Total: 48 (of 73)

Rank in course/Men: 46 (of 63)

Best time in course: 59:28

Rank in category: 11(of 12)

Best time in the category: 1:02:52