



12. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

**THEEG, KATRIN**

Club: SV-EMSETAL  
Number: 347

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:34:52

Speed: 10.12 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 52 (of 73)  
Rank in course/Women: 3 (of 10)  
Best time in course: 1:19:29

Rank in category: 1(of 1)  
Best time in the category: 1:34:52