



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Diete, Ilona

Club: Ershausen
Number: 319

Course: 16.00 km
Kanonenbahnlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:43:55

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 62 (of 73)
Rank in course/Women: 7 (of 10)
Best time in course: 1:19:29

Rank in category: 2(of 3)
Best time in the category: 1:35:56