



12. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Schlichting, Helga

Club: Lengenfeld unterm Stein  
Number: 452

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:50:29

Speed: 8.69 km/h  
Running performance: 6:55 min/km

Rank in course/Total: 68 (of 73)  
Rank in course/Women: 10 (of 10)  
Best time in course: 1:19:29

Rank in category: 3(of 3)  
Best time in the category: 1:35:56