



12. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Hesse, David

Club: Gerbershausen  
Number: 423

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Männer (20-29 Jahre)

Total time: 28:23

Speed: 14.80 km/h  
Running performance: 4:03 min/km

Rank in course/Total: 8 (of 71)

Rank in course/Men: 8 (of 53)

Best time in course: 24:13

Rank in category: 3(of 10)

Best time in the category: 27:43