



12. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2014

Detailed evaluation

Kämper, Anke

Club: fit & run
Number: 383

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 33:12

Speed: 12.65 km/h
Running performance: 4:44 min/km

Rank in course/Total: 29 (of 71)
Rank in course/Women: 3 (of 18)
Best time in course: 30:26

Rank in category: 1(of 2)
Best time in the category: 33:12