



3. Creuzburger Stadtlauf
Creuzburg / 28.06.2014

Detailed evaluation

Degenhardt, Matthias

Club: Wendehausen
Number: 836

Course: 13.50 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:04:08

Speed: 12.16 km/h
Running performance: 4:45 min/km

Rank in course/Total: 30 (of 100)

Rank in course/Men: 29 (of 80)

Best time in course: 51:48

Rank in category: 9(of 16)

Best time in the category: 56:00