



3. Creuzburger Stadtlauf  
Creuzburg / 28.06.2014

Detailed evaluation

Hermann, Rainer

Club: LAC Rudolstadt  
Number: 770

Course: 13.50 km  
Hauptlauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:15:21

Speed: 10.35 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 66 (of 100)

Rank in course/Men: 56 (of 80)

Best time in course: 51:48

Rank in category: 1(of 3)

Best time in the category: 1:15:21