



## 3. Creuzburger Stadtlauf

Creuzburg / 28.06.2014

### Detailed evaluation

**Münch, Birgit**

Club: sc impuls erfurt

Number: 794

Course: 13.50 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:15:47

Speed: 10.29 km/h

Running performance: 5:37 min/km

Rank in course/Total: 68 (of 100)

Rank in course/Women: 11 (of 20)

Best time in course: 1:03:57

Rank in category: 5(of 6)

Best time in the category: 1:05:06