



3. Creuzburger Stadtlauf  
Creuzburg / 28.06.2014

Detailed evaluation

Görlach, Folker

Club: Hainichläufer MHL  
Number: 839

Course: 13.50 km  
Hauptlauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:23:37

Speed: 9.33 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 87 (of 100)

Rank in course/Men: 72 (of 80)

Best time in course: 51:48

Rank in category: 3(of 3)

Best time in the category: 1:15:21