



3. Creuzburger Stadtlauf  
Creuzburg / 28.06.2014

Detailed evaluation

Franke, Heike

Club: SC-Impuls

Number: 835

Course: 13.50 km

Hauptlauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:25:19

Speed: 9.14 km/h

Running performance: 6:19 min/km

Rank in course/Total: 89 (of 100)

Rank in course/Women: 16 (of 20)

Best time in course: 1:03:57

Rank in category: 3(of 3)

Best time in the category: 1:18:32