



3. Creuzburger Stadtlauf
Creuzburg / 28.06.2014

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg
Number: 816

Course: 13.50 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:30:27

Speed: 8.62 km/h
Running performance: 6:42 min/km

Rank in course/Total: 93 (of 100)

Rank in course/Men: 75 (of 80)

Best time in course: 51:48

Rank in category: 16(of 16)

Best time in the category: 56:00