



3. Creuzburger Stadtlauf
Creuzburg / 28.06.2014

Detailed evaluation

Pokahr, Viola

Club: Sonntagsläufer Tambach-Dietharz
Number: 822

Course: 13.50 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:47:53

Speed: 7.23 km/h
Running performance: 7:59 min/km

Rank in course/Total: 99 (of 100)

Rank in course/Women: 19 (of 20)

Best time in course: 1:03:57

Rank in category: 3(of 3)

Best time in the category: 1:13:50