



3. Creuzburger Stadtlauf
Creuzburg / 28.06.2014

Detailed evaluation

Rudert, Justin

Club: Mihla

Number: 471

Course: 5.00 km

Kurzdistanz

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 26:43

Speed: 11.23 km/h

Running performance: 5:20 min/km

Rank in course/Total: 23 (of 44)

Rank in course/Men: 21 (of 31)

Best time in course: 19:36

Rank in category: 3(of 7)

Best time in the category: 22:45