



3. Creuzburger Stadtlauf  
Creuzburg / 28.06.2014

Detailed evaluation

Thamm, Alexandra

Club: Physiotherapie Balance  
Number: 489

Course: 5.00 km  
Kurzdistanz

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 31:04

Speed: 9.66 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 40 (of 44)  
Rank in course/Women: 13 (of 13)  
Best time in course: 22:59

Rank in category: 2(of 2)  
Best time in the category: 31:03