



## 3. Creuzburger Stadtlauf

Creuzburg / 28.06.2014

### Detailed evaluation

**Siemon, Thomas**

Club: SV Blau-Weiß 90 Creuzburg

Number: 807

Course: 13.50 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 57:22

Speed: 13.60 km/h

Running performance: 4:15 min/km

Rank in course/Total: 10 (of 100)

Rank in course/Men: 10 (of 80)

Best time in course: 51:48

Rank in category: 1(of 11)

Best time in the category: 57:22