



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Gehring, Birgitta

Club: Bielefeld

Number: 11109

Course: 11.00 km

11 km Nordic Walking

Total time: 1:31:29

Speed: 7.21 km/h

metres in height up: 243

Course score: 14.65

performance score: 101 Points