



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Lander, Petra

Club: Jammern nützt nichts  
Number: 11122

Course: 11.00 km  
11 km Nordic Walking

Total time: 1:32:40

Speed: 7.12 km/h

metres in height up: 243  
Course score: 14.65

performance score: 100 Points