



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Luhmann, Gerhard

Club: Post SV Unna
Number: 5102

Course: 5.00 km
5 km Nordic Walking

Total time: 33:16

Speed: 9.02 km/h

metres in height up: 84
Course score: 6.26

performance score: 55 Points