



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Jehne, Frank

Club: Post SV Unna  
Number: 5104

Course: 5.00 km  
5 km Nordic Walking

Total time: 34:45

Speed: 8.63 km/h

metres in height up: 84  
Course score: 6.26

performance score: 53 Points