



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Palm, Hans

Club: BTC-Herne  
Number: 5105

Course: 5.00 km  
5 km Nordic Walking

Total time: 36:08

Speed: 8.30 km/h

metres in height up: 84  
Course score: 6.26

performance score: 51 Points