



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

van Bergerem, Carolin

Club: Nordic Walking Hobbygruppe Ahlen  
Number: 5115

Course: 5.00 km  
5 km Nordic Walking

Total time: 38:28

Speed: 7.80 km/h

metres in height up: 84  
Course score: 6.26

performance score: 48 Points