



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Nachtigall, Heike

Club: Stadt Bochum - Walking Team
Number: 5125

Course: 5.00 km
5 km Nordic Walking

Total time: 46:54

Speed: 6.40 km/h

metres in height up: 84
Course score: 6.26

performance score: 39 Points