



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Basert, Frank

Club: LSF-Unna-2000

Number: 11143

Course: 11.00 km

11 km Nordic Walking

Total time: 1:12:23

Speed: 9.12 km/h

metres in height up: 243

Course score: 14.65

performance score: 128 Points