



4. DJK Walking-Day

Lünen-Brambauer / 29.06.2014

Detailed evaluation

Erdelt, Hildegard

Club: Fissenknicker Lauf - Treff
Number: 11105

Course: 11.00 km
11 km Nordic Walking

Total time: 1:17:38

Speed: 8.50 km/h

metres in height up: 243
Course score: 14.65

performance score: 119 Points