



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Gommen - Rechau, Gaby

Club: Nordic Walking Hobbygruppe Ahlen  
Number: 5111

Course: 5.00 km  
5 km Nordic Walking

Total time: 1:09:55

Speed: 4.29 km/h

metres in height up: 84  
Course score: 6.26

performance score: 26 Points