



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Mölders, Silke

Club: Wesel

Number: 5107

Course: 5.00 km

5 km Nordic Walking

Total time: 1:09:57

Speed: 4.29 km/h

metres in height up: 84

Course score: 6.26

performance score: 26 Points