



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Gamon, Birgit

Club: Team NRW

Number: 11116

Course: 11.00 km

11 km Nordic Walking

Total time: 1:20:11

Speed: 8.23 km/h

metres in height up: 243

Course score: 14.65

performance score: 115 Points