



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Nentwig, Petra

Club: TV Beckum Wersewalker
Number: 11120

Course: 11.00 km
11 km Nordic Walking

Total time: 1:20:16

Speed: 8.22 km/h

metres in height up: 243
Course score: 14.65

performance score: 115 Points