



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Frunzke, Thomas

Club: ohne
Number: 87

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:28:20

Speed: 8.02 km/h
Running performance: 7:29 min/km

Rank in course/Total: 96 (of 272)

Rank in course/Men: 86 (of 232)

Best time in course: 8:54:18

Rank in category: 7(of 25)

Best time in the category: 10:20:32

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 3:18:21 | 7:14 | 10 | 46:27 | 113 | 1:08:40 | 27.39 | 3:18:21 | 7:14 | 19 | | 96 | 1:08:40 |
| Floh-Seligenthal | 27.74 | 3:22:03 | 7:17 | 12 | 46:23 | 122 | 1:02:46 | 55.13 | 6:40:24 | 7:15 | 19 | | 96 | 2:08:41 |
| Finsterbergen | 22.03 | 2:56:01 | 7:59 | 7 | 35:14 | 73 | 49:33 | 77.16 | 9:36:25 | 7:28 | 19 | | 90 | 2:52:28 |
| Fröttstädt | 22.84 | 2:51:55 | 7:31 | 5 | 27:40 | 41 | 48:15 | 100.00 | 12:28:20 | 7:29 | 7 | 2:07:48 | 86 | 3:34:02 |