



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

**Bram, Andreas**

Club: Skiklub Dresden Niedersedlitz  
Number: 191

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 9:33:21

Speed: 10.46 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 7 (of 272)

Rank in course/Men: 7 (of 232)

Best time in course: 8:54:18

Rank in category: 1(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:30:07	5:28	4	6:17	12	20:26	27.39	2:30:07	5:28	36		7	20:26
Floh-Seligenthal	27.74	2:28:42	5:21	2	5:51	9	9:25	55.13	4:58:49	5:25	36		7	27:06
Finsterbergen	22.03	2:14:25	6:06	1	-	6	7:57	77.16	7:13:14	5:36	34		7	29:17
Fröttstädt	22.84	2:20:07	6:08	2	2:38	10	16:27	100.00	9:33:21	5:44	1	-	7	39:03