



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: LG Friedrichroda  
Number: 99

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M55 (55-59 Jahre)

Total time: 12:55:23

Speed: 7.74 km/h  
Running performance: 7:45 min/km

Rank in course/Total: 112 (of 272)

Rank in course/Men: 98 (of 232)

Best time in course: 8:54:18

Rank in category: 10(of 25)

Best time in the category: 10:20:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:54:41	6:22	3	22:47	60	45:00	27.39	2:54:41	6:22	16		109	45:00
Floh-Seligenthal	27.74	3:02:31	6:34	5	26:51	72	43:14	55.13	5:57:12	6:28	16		109	1:25:29
Finsterbergen	22.03	3:10:09	8:37	10	49:22	104	1:03:41	77.16	9:07:21	7:05	16		103	2:23:24
Fröttstädt	22.84	3:48:02	9:59	21	1:23:47	174	1:44:22	100.00	12:55:23	7:45	10	2:34:51	98	4:01:05